

How to Practice Evidence-Based Health Care

June 8-12, 2009

The Norwegian Knowledge Centre for the Health Services, supported by The Department of General Practice - University of Copenhagen and The Finnish Office for Health Technology Assessment (Finohta) at Stakes (National R&D Centre for Welfare and Health) presents:
The Tenth Nordic Workshop on How to Practice Evidence-Based Health Care, June 8-12, 2009.

The workshop is held at Quality Spa & Resort Holmsbu which is situated by the seashore about an hour's drive from Oslo.

This five-day workshop will focus on teaching the basics of, and developing further insights into, the conscientious use of current best evidence in making decisions about the care of individual patients or the delivery of health services.

The practical strategies taught at the EBHC Workshop have been developed over the past three decades by clinicians, epidemiologists, biostatisticians, health economists and others working together to combine basic scientific principles with common sense. Our workshop faculty includes leading evidence-based health care researchers and educators from Norway, Denmark, Finland and internationally.

Past participants have included physicians, nurses, policy makers, physical therapists, medical librarians, health care journalists, health care consumer advocates and educators.

The workshop is an intense, hands-on learning experience. We will use a small-group, problem-based approach to learning.

Small Group Sessions

Participants are divided into small groups (generally 8 participants, a tutor, a co-tutor and a librarian) based on interest areas and experience levels. Each small group is participant-directed and sets its own agenda, including which healthcare topics or questions to use as examples and how best to use the small group time to learn about different types of evidence and different skills. Prior to the workshop, participants will receive educational materials to provide the focus for these sessions, including a set of healthcare problems, examples of evidence that address these problems and users' guides about how to critically appraise and use the evidence when making decisions.

Plenary Sessions

All participants meet together once a day for a general learning or "plenary" session. These sessions are designed to be fun and informative, and to provide an opportunity to interact with participants and faculty from outside the small group.

Upon completion of this workshop, participants should be able to:

- Formulate questions arising from their own health care practice that can be answered
- Identify relevant evidence that can be used to answer questions and make well-informed clinical decisions
- Critically appraise the validity and applicability of evidence
- Use valid and applicable evidence to make well-informed health care decisions
- Identify relevant evidence that can be used to answer questions and make well-informed clinical decisions

Registration

Individual Registration on or before March 1, 2009: 5500 NOK and then 6000 NOK. Discounts

will be given for groups of participants from the same institution (limited numbers available). In addition accommodation costs at Holmen Resort are 7780 NOK for single and 6980 NOK for double rooms.

Registration form: <http://www.kunnskapssenteret.no/Holmsbu%202009/Holmsbu%202009>

The Workshop schedule will be similar to former workshops, shown here:

<http://www.kunnskapssenteret.no/binary?id=6664>

For more information on the 10th Nordic Workshop on How to Practice Evidence-Based Health Care, contact: kari.haavelsrud@kunnskapssenteret.no.