

How to Practice Evidence-Based Health Care

May 31- June 4, 2010

The Norwegian Knowledge Centre for the Health Services, supported by The Department of General Practice - University of Copenhagen and The Finnish Office for Health Technology Assessment (Finohta) at Stakes (National R&D Centre for Welfare and Health) presents: The 11th Nordic Workshop on How to Practice Evidence-Based Health Care, May 31- June 4, 2010.

The workshop is held at Quality Spa & Resort Holmsbu which is situated by the seashore about an hour's drive from Oslo.

This five-day workshop will focus on teaching the basics of, and developing further insights into, the conscientious use of current best evidence in making decisions about the care of individual patients or the delivery of health services.

The practical strategies taught at the EBHC Workshop have been developed over the past three decades by clinicians, epidemiologists, biostatisticians, health economists and others working together to combine basic scientific principles with common sense. Our workshop faculty includes leading evidence-based health care researchers and educators from Norway, Denmark, Finland and internationally.

Past participants have included physicians, nurses, policy makers, physical therapists, medical librarians, health care journalists, health care consumer advocates and educators.

The workshop is an intense, hands-on learning experience. We will use a small-group, problem-based approach to learning.

Small Group Sessions

Participants are divided into small groups (generally 8 participants, a tutor, a co-tutor and a librarian) based on interest areas and experience levels. Each small group is participant-directed and sets its own agenda, including which healthcare topics or questions to use as examples and how best to use the small group time to learn about different types of evidence and different skills. Prior to the workshop, participants will receive educational materials to provide the focus for these sessions, including a set of healthcare problems, examples of evidence that address these problems and users' guides about how to critically appraise and use the evidence when making decisions.

Plenary Sessions

All participants meet together once a day for a general learning or "plenary" session. These sessions are designed to be fun and informative, and to provide an opportunity to interact with participants and faculty from outside the small group.

Upon completion of this workshop, participants should be able to:

- Formulate questions arising from their own health care practice that can be answered
- Identify relevant evidence that can be used to answer questions and make well-informed clinical decisions
- Critically appraise the validity and applicability of evidence
- Use valid and applicable evidence to make well-informed health care decisions
- Identify relevant evidence that can be used to answer questions and make well-informed clinical decisions

Registration

Individual Registration on or before March 1, 2010: NOK 5500 and thereafter NOK 6000.

Discounts will be given for groups of participants (joint registration) from the same institution (limited number of groups available).

In addition accommodation costs at Quality Spa & Resort Holmsbu are NOK 6710 for a single room.

The rooms are to be found in nice Cabins and Villas. In some cases two participants will have to share a separated bath room.

Terms and conditions: Registration is obligatory. Cancellation must be in writing. Cancellation between May 1-15 will be charged with 50 % of the registration fee. Thereafter full fee (registration fee + accommodation) will be claimed. Invoice to be paid at time of receipt.

Registration Form: <http://www.kunnskapssenteret.no/Holmsbu%202010/Holmsbu%202010>

Preliminary Workshop Schedule:

<http://www.kunnskapssenteret.no/binary?id=12356>

For more information on the 11th Nordic Workshop on How to Practice Evidence-Based Health Care, contact: kari.haavelsrud@kunnskapssenteret.no